| 1st Semester | Course Title | Term Offered | Prerequisites \& Notes |  |
| :---: | :---: | :---: | :---: | :---: |
| 1 | Gateway 101 | Gateway to University Life | Fall | Required for University Foundations |
| 3 | GPS \#1 |  | Fall, Spring |  |
| 3 | ENG 110 | University Writing \& Research | Fall, Spring |  |
| 3 | COMM 101 | Public Speaking | Fall, Spring | Minimum grade of C- required |
| 1 | ED 300 | Teaching: The Profession | Fall, Spring | (PSYC 101 is a good alternative) |
| 3 | HPE 201 | Introduction to Health \& Physical Education | Fall |  |
| 1 | Elective |  | Fall, Spring | At least 1 credit may be needed for maximum financial aid. |


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| 2nd Semester |  | Course Title | Term Offered | Prerequisites \& Notes |
| 3 | GPS \#2 |  | Fall, Spring |  |
| 2 | WELL | Any Wellness Course | Fall, Spring |  |
| 2 | Fine Arts |  | Fall, Spring |  |
| 4 | BIO 120 or BIO 101 |  | Fall, Spring | Minimum grade of C- required; BIO 120 is recommended |
| 3 | ED 301 | Foundations of Education | Fall, Spring | ED 300 or consent of professor |
| 2 | HPE 222 | Teaching Team Sports | Spring |  |
| 16 |  |  |  |  |
| 3rd Semester |  | Course Title | Term Offered | Prerequisites \& Notes |
| 3 | GPS \#3 |  | Fall, Spring |  |
| 3 | Foreign Language 101 |  | Fall, Spring |  |
| 3 | PSYC 101 | General Psychology | Fall, Spring | Take COMM 101 if PSYC 101 has already been taken |
| 3 | ED 303 | Educational Psychology | Fall, Spring |  |
| 2 | HPE 220 | Educational Gymnastics, Dance \& Rhythms | Fall |  |
| 1 | Elective |  | Fall, Spring | At least 1 credit should maximize all financial aid. |

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Note: Apply for official admission to the Teacher Education program fall of your sophomore year (this is in addition to declaring your major).

| 4th Semester |  | Course Title | Term Offered | Prerequisites \& Notes |
| :---: | :---: | :---: | :---: | :---: |
| 3 | GPS \#4 |  | Fall, Spring |  |
| 3 | Foreign Language 102 |  | Fall, Spring |  |
| 3 | MATH 112+ |  | Fall, Spring | Any math class numbered 112 or higher |
| 3 | ED 306 \& ED 306FE (0) | Curriculum \& Instruction | Fall, Spring | ED 301, ED 303, \& official admission to the Teacher Education program |
| 2 | HPE 221 | Teaching Individual and Dual Sports | Spring |  |
| 1 | ED 304 | Exploring Diversity | Fall, Spring |  |
| 15 |  |  |  |  |
| 5th Semester |  | Course Title | Term Offered | Prerequisites \& Notes |
| 4 | EXSC 210 | Human Structure \& Function | Fall, Spring | BIO 120 (with at least a C-) |
| 3 | HETH 101 | Personal and Community Health | Fall, Spring |  |


| 3 | CCR 410 | Adapted Sport \& Physical Education | Fall |  |
| :---: | :---: | :---: | :---: | :---: |
| 3 | ED 305 \& ED 305FE (0) | Introduction to Differentiated Instruction for all Learners | Fall, Spring | ED 303 |
| 2 | EXSC 205 | Principles of Resistance Training | Fall, Spring | PE 101. EXSC 230 is a good alternative. |
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| 6th Semester |  | Course Title | Term Offered | Prerequisites \& Notes |
| 4 | EXSC 310 | Exercise Physiology | Fall, Spring | EXSC 312 |
| 1 | ED 326 \& ED 326FE (0) | Content Area Literacy | Spring | ED 306 |
| 3 | HPE 320 \& ED 320FE (0) | Methods of Teaching Health | Spring | ED 306 |
| 3 | HPE 380 \& ED 380FE (0) | Elementary Physical Education Methods | Spring | ED 306 |
| 2 | EXSC 230 | Fitness Promotion \& Assessment | Fall, Spring | PE 101 is a prerequisite OR co-requisite. EXSC 205 is a good alternative |
| 3 | Elective |  |  |  |

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| 7th Semester | Course Title | Term Offered |  |  |
| :---: | :---: | :---: | :---: | :---: |
| 3 | Literature/Writing |  | Fall, Spring | Prerequisites \& Notes |
| 3 | EXSC 255 | Applied Nutrition | Fall, Spring |  |
| 3 | EXSC 303 | Motor Control and Motor Learning | Fall, Spring |  |
| 3 | HPE 385 \& ED 385FE (0) | Middle and Secondary Physical Education Methods | Fall |  |
| 1 | PE 145 | CPR/AED Training | Fall | Take the last fall semester before Student Teaching; <br> documentation of current CPR/AED Certification will count, <br> however any additional credit hour will be needed. |


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| 8th Semester Course Title Term Offered   <br> 3 ED 400 Student Teaching Seminar Fall, Spring Completion of program requirements and permission of the Dean of <br> the School of Education \& the Teacher Education faculty. <br> 4 ED 490a HPE Student Teaching: Instructional Preparation Fall, Spring  <br> 4 ED 490b HPE Student Teaching: Instructional Presentation Fall, Spring  <br> 4 ED 490c HPE Student Teaching: Classroom Fall, Spring  <br> 0 Organization/Management    <br> 0 ED 497 (0) Exit Examination Fall, Spring  |

[^0]Graduation Requirements: 1. Must earn a minimum of 120 credit hours, including 40 credit hours at $300+$ level.
2. Must maintain minimum cumulative and major GPA of 2.7. Classes in Bold require a minimum grade of a C - as part of the HPE major.
3. Must complete the last 30 credit hours of degree at Wingate University.
4. Must fulfill Lyceum requirement as outlined in Academic Catalog.


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