MISSION

The Wingate University School of Pharmacy intends to be a nationally recognized leader in the education of students and pharmacists for the practice of pharmacy in all patient care settings for all patients. Wingate seeks to pursue its mission by providing an individualized, state-of-the-art learning environment that will facilitate the development of its students’ critical thinking and problem-solving skills for the pursuit of pharmaceutical care. Subordinate to the primacy of Wingate’s teaching mission are scholarly inquiry and will facilitate service to patients, to the community, to the health care professions, and to the institution. Consistent with the student-centered focus of the University, limited enrollment will allow for practice experience during each year of the curriculum and the low student-to-faculty ratio necessary for the fulfillment of the School’s stated mission.
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Dean

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Regional Dean, Hendersonville

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Assistant Dean for Assessment, Associate Professor

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Dr. Heather Kehr
Associate Professor

Dr. Olga Klibanov, Associate Professor

Dr. Lisa Meade
Associate Professor, Hickory

Dr. Amie Naylor
Associate Professor

Dr. Donald S. Nuzum
Associate Professor

Dr. Jacky Olin
Associate Professor

Dr. Lisa Smith
Associate Professor

Dr. Celene Amabile
Assistant Professor

Dr. Robert Ashworth
Assistant Professor, Wilmington

Dr. Cassie Boland
Assistant Professor

Dr. Alaina Borries
Assistant Professor

Dr. Michelle DeGeeter
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Assistant Professor

Dr. Lindsey Koliscak
Assistant Professor, Winston-Salem

Dr. Kimberly Nealy
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Dr. Angie Pegram
Assistant Professor

Dr. Shawn Riser
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Dr. April Robinson
Assistant Professor

Dr. Maria Tzefos
Assistant Professor

Dr. Shannon Williams
Assistant Professor

Dr. Andy Woods
Assistant Professor

Dr. Nicholas Wright
Assistant Professor

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Information Technology Facilitator

Mrs. Mary Bone
Administrative Assistant

Ms. Susan Lance
Administrative Assistant, Hendersonville

Ms. Misty Moyers
Administrative Assistant

Mrs. Christina Simmons
Administrative Assistant

Academic Calendar

SPRING 2012 SEMESTER

First day of classes
January 9

Third-year student rotation Block 4
January 9 to February 10

Fourth-year student rotation Block 7
January 9 to February 10

MLK Holiday Break
January 17

Third-year student rotation Block 5
February 13 to March 16

Fourth-year student rotation Block 8
February 13 to March 16

Spring Break
March 19 to March 23

Good Friday Break
April 6

Easter Monday Break
April 9

Third-year student rotation Block 6
March 26 to April 27

Fourth-year student rotation Block 9
March 26 to April 27

Final Exams
May 1 to May 9

Commencement
May 12

SUMMER 2012 SEMESTER

Fourth-year student rotation Block 1
May 7 to June 8

Memorial Day Break
May 28

Fourth-year student rotation Block 2
June 11 to July 13

Fourth of July Break
July 4

Fourth-year student rotation Block 3
July 16 to August 17
Prologue Since it’s spring and thoughts turn to baseball, I’d like to tell this story.

Sitting in a seminar one day, stroking his long white beard and looking scholarly, the wise old professor turned the discussion to interactions between healthcare providers. As he listened, the participating pharmacists described one patient’s lament concerning strife between her and the several providers caring for her. The professor wondered—as, regrettably, he often did—how to coach the pharmacists to intervene. This patient needed resolution to reach the necessary therapeutic outcome, but too often patients’ caregivers don’t know about each other. In the professor’s cynical mind (which sometimes emerged after a long day of grading papers), he wondered if they really want to know about each other? This situation could lead to confusion rather than enlightenment. The mind wanders to shady maxims from the mercantile trades; for example: “In confusion there is profit.” But this, of course, is certainly not descriptive of the pharmacist’s role in modern healthcare. What to do?

Playing pickle may be the answer. Hmmmm, this analogy seems to offer some solid advice. At this point in the story, please pay very close attention to the details. This is sort of like Bud Abbott and Lou Costello doing their radio show Who’s On First. As in baseball, the pharmacist (runner) may feel trapped between third base and home plate—sort of like a rundown between the patient (catcher) and the healthcare provider (third baseman). Only in healthcare, there are often more than only these three players. The patient may have several other providers. The shortstop and the pitcher, and others, may be joining in to harass the runner (pharmacist).

So here’s the play. The pharmacist feints to third base, the catcher (remember: the patient) moves off home toward third, and the pharmacist fakes out the catcher and sidesteps within the baseline—making a mad dash for home. Poof! The pharmacist scores, neatly tagging home with a shoe tip, and disappears from the role of pickle by causing a therapeutic interaction. How? Like this. The first baseman moved toward home to cover the catcher, overran home while the pharmacist was sliding in, and bumped into the catcher (remember: the patient) driving both the catcher and first baseman farther toward third. Meanwhile, the pitcher, rushing to cover third, after stepping on the shortstop’s foot collides with everyone in the baseline, causing quite a pileup. And, the third baseman, while moving in for the tag, drops the ball during a fit of uproarious laughter. Thus, an intimate interaction between all players in the healthcare scenario has brought everyone to bear on the patient’s therapeutic problem needing resolution.**

Epilogue A day at the ballpark is really all that’s needed to resolve the thorniest of clinical issues. And, don’t forget how good ballpark mustard goes with the pickle on the hot dog!

** Plot Note: Of course this isn’t the best way to bring together all the players in a patient’s therapy. Spending the time by the pharmacist to bring all caregivers into a conversation, rather than into the pileup, is certainly best. But this story makes a pretty good radio program!
Amie Naylor

Maria Tzefos & Kira Harris:

Maria Tzefos & Jacky Olin:

Maria Tzefos:
Became a Board Certified Ambulatory Care Pharmacist (BCACP) in December 2011

Maria Tzefos & Kira Harris:

Andy Woods:

Olga Klibanov:
Christina Simmons

Christina Simmons, Administrative Assistant, joined Wingate University School of Pharmacy in October 2011. She is a native of Charlotte and studied Music Education at Wingate University. Prior to joining the School of Pharmacy, Christina spent the past seven years serving as the Divisional Program Specialist for The Salvation Army of North & South Carolina. She enjoys helping and serving others. In her free time, Christina likes to spend time with family and friends, play the piano, and design/decorate cakes.

Cassie Boland

Cassie Boland is originally from Stanfield, North Carolina and graduated from Wingate University School of Pharmacy’s Charter Class with her Doctor of Pharmacy degree in 2007. She practiced for several years in community and inpatient pharmacy before completing a Pharmacy Practice Residency in Ambulatory Care at Cone Health (formerly Moses Cone Health System) in Greensboro, North Carolina. Dr. Boland joined Wingate University School of Pharmacy faculty in July as an Assistant Professor. Dr. Boland will be teaching lectures in Top 200 Drugs and facilitating a third year Pharmacotherapy Case Studies group this fall. In addition, she is currently developing an ambulatory care practice site to precept third and fourth year pharmacy students at Waxhaw Family Physicians and Sports Medicine Center in Waxhaw, NC.
Congratulations to Drs. Lisa Meade and Heather Kehr on the approval of their promotions to associate professors of pharmacy – formally and unanimously approved by the Board of Trustees.

Congratulations also go to Dr. Robert Barrons on the formal award of continuing contract – also unanimous.
Iceland is an island located in the North Atlantic Ocean; it is only 40,000 square miles (approximately the size of Ohio) with a population of 320,000. The climate is relatively cold. Some people think that the residents live in snow houses, with no electricity at all, and have penguins as their pets. That image of the country is entertaining, but it is far from the truth. As a final-year pharmacy student from the University of Iceland, I have not gone through my studies in icy buildings only learning about pharmaceuticals stored in Igloo coolers!

Differences in health care systems, among other things, cause the pharmacy program in Iceland to be different from that in the United States. The program is five years total, and it concludes in the award of a Master’s degree and a pharmacist licence. One semester, most often the final one, is dedicated to a three-months-long research project, followed by a written thesis and a presentation on it.

However, despite the many advantages of our beautiful country, which include great access to and opportunities for education, the practice of pharmacy in Europe has its limitations. The field of clinical pharmacy is one example of these limitations. Despite some European countries getting closer to the U.S. level, clinical pharmacy has not evolved as far in Europe as it has in the United States, and we are many years behind.

Since elementary school, I have always known that my interest lies in interacting with and helping people, so the patient-centered concept of clinical pharmacy caught my attention. I wanted to get the finest training in clinical pharmacy, so I thought the United States of America would be the best place for me to increase my knowledge and get a great experience. I had heard that North Carolina was a great venue for pharmacy education, and it was certainly not a disadvantage to have visited Charlotte before and to know some of the great offerings of the area. I surfed the web for pharmacy schools in North Carolina. One of the first options that came up was Wingate University School of Pharmacy. I reviewed all of the information, and I immediately got a good feeling about it. However, I was not done exploring my options, and I kept on searching. I found other exciting opportunities, but my attention kept returning to Wingate University. I decided to contact the department to see if it would be possible for us to work together on a research project. The idea was received with great interest; after some talk and a visit in April 2011, Drs. Cole, Hunter and Pegram came up with an exciting project in the field of clinical pharmacy to evaluate a pharmacist’s impact in the university-based wellness center, particularly concerning a patient’s adherence to prescription therapy. The Faculty of Pharmaceutical Sciences at the University of Iceland accepted the project, and here I am for the spring semester, 2012.

Aside from an educational perspective, I have relationships to this country by blood. My great grandfather was American, living in the States his whole life. This relation is probably a part of the reason why this country impressed me in many ways from the first time I came here for a visit at only 8 years old. Since then I have travelled to America six times, most often for relatively short visits, but I spent almost four months here in the fall of 2010 enjoying North Carolina and several other states. I traveled a little bit, but I also spent time learning about particular areas of interest. Despite being fluent in Icelandic and having working knowledge in English, Danish and German, I decided to take some Spanish classes to learn the basics of that widely used language. Because of my great interest in sports, I also took tennis and golf classes. Hopefully, I will be able to visit more states and get to know the culture and history of this country even better.

So far, my stay here at Wingate and in Charlotte has been wonderful and informative, and it has already given me great experiences, which will only increase in upcoming months. My instructors (Drs. Cole and Pegram), other faculty members, staff and students have been really helpful and lovely, making me feel so welcome as a part of their academic team. The facility of Wingate University is exemplary, and students are lucky to have access to such a good environment for their pharmacy education. I have been invited to lectures and will get great practice in the wellness clinic. Also, I have given a presentation for first year pharmacy students regarding the Icelandic health care system and the practice of pharmacy. Hopefully, it was helpful and gave them further insight into other types of health care systems.

I hope that my research is going to be useful for Wingate University, and that it will provide the school with beneficial results as a marker on the importance of a pharmacist in the wellness clinic. I cannot begin to describe how much I appreciate the opportunity Wingate University School of Pharmacy has given me. This experience will definitely make me a better pharmacist, which will serve me well when treating patients or working at some pharmacy-related project in the future.

Hreinna Sif Bragadottir  
MS student in Pharmacy, University of Iceland.
The American College of Clinical Pharmacy (ACCP) is a national organization dedicated to advancing the clinical facets of pharmacy by providing career-long opportunities for leadership, professional development, advocacy, and education to its members. Members of ACCP include practicing pharmacists, educators, researchers, residents, fellows and students who share a passion for improving drug therapy for patients.

There are many ways a student can benefit from membership in ACCP. The CV review service is provided at no extra cost to the student. The CV is submitted online, and within 2 weeks, it is reviewed by a volunteer ACCP member and returned with the reviewer’s suggestions and comments.

PRNs, or Practice and Research Networks, are an excellent way to gain insight into the world of clinical pharmacy as it is occurring in the real world. One PRN membership is included with each student membership and that allows students to network with current practitioners in a chosen field.

StuNet is an e-mail forum for student pharmacists that allow students to build a professional network that may even continue after graduation.

The “Clinical Compass” is a portion of the ACCP website that has many different resources for students including a description of what clinical pharmacy is, career opportunities within the realm of clinical pharmacy, helpful tips for how to get a residency, and information about board certification. In addition, the ACCP website features a comprehensive directory of residencies, fellowships, and graduate programs that can be browsed by both state and specialty.

This year, the student chapter of ACCP at Wingate University has been very active. This past fall, ACCP participated in Light the Night Walk for Lymphoma at the Charlotte Symphony Park in October. The organization showed its support by helping raise money by selling t-shirts and taking donations. ACCP was excited to announce that the organization was able to raise $230 for the cause!

Another initiative ACCP puts together is the Lunch and Learn for the Ellen Fitzgerald Senior Center in Monroe. Lunch and Learn had another very successful year, with members presenting on topics from “OTC drugs with the use of RX drugs” to “Vitamin D.” This year ACCP and the Senior Center also scheduled earlier times for some of the presentations and served brunch instead. The time adjustments allowed for more P1 and P2 students to participate in the Lunch and Learn.

A second program ACCP provides is journal club. Periodically after chapter meetings, a faculty member or student leads a discussion on a journal article. The article is emailed out to members prior to the meeting so that individuals have time to read the article and prepare for discussion. This is great practice for journal clubs that students will have to lead in 4th year rotations. One of the goals of the initiative is to help P1s, P2s, and P3s gain the confidence and skills to interpret journal articles.

ACCP is also very involved with other student organizations and Student Senate sponsored events. ACCP partnered with Ro Chi to help with Medicare Part D sign-up during the enrollment period for seniors. ACCP also participated in Wednesdays at Walgreens, an event organized by the Student Senate. Since February was American Heart Month, ACCP decided to focus on heart attacks and raise awareness of the signs and symptoms. Another event ACCP participated in was the health fair that Student Senate sponsored. ACCP decided to focus on heart attacks and raise awareness of the signs and symptoms. Another event ACCP participated in was the health fair that Student Senate sponsored.

Our future focus will be to recruit new members, to organize a fundraiser to help raise funds, and to develop a new initiative called “Disease State Discussions.” The Disease State Discussions will be short, 20-30 minutes presentation on a specific disease focusing on the most important aspects in that disease state. ACCP is a great organization offering numerous learning, leadership, professional development, advocacy, education, and service opportunities at both the national and local level! For more information, please visit www.accp.com.
APhA-ASP has grown a lot this year! We have become involved in pharmacy advocacy this year, and we are proud to announce that the WUSOP chapter wrote a proposal that passed in the regional voting session and has been sent to the national committee’s consideration. Our goal in APhA-ASP is to participate in our community, our state, and our nation to promote the field of pharmacy and to make a difference. We are very excited about participating in all five of the national patient care projects including Generation Rx, Heartburn Awareness Challenge, Operation Diabetes, Operation Heart, and Operation Immunization.

The goal of Operation Heart is to educate the public on cardiovascular disease. This past semester, Operation Heart set up a booth on heart health at both Walgreens and at the WUSOP health fair. The goal was to educate patients on the importance of a healthy diet and daily exercise to maintain a healthy heart. Various handouts were distributed to help inform the public about simple yet effective lifestyle changes that promote a heart healthy.

Heartburn Awareness is a community outreach program that seeks to educate our community on heartburn prevention and treatment options. Also, it is important that we get across the importance of differentiating the signs and symptoms from other more serious conditions. We are currently planning for our annual event this semester. We hope to integrate our project with other APhA projects to maximize our impact.

Last fall, Operation Diabetes participated in the annual Step Out: Walk to Stop Diabetes in Symphony Park in Charlotte. Our team raised over $600 for the American Diabetes Association to assist with their mission to find a cure for diabetes. This event was a great opportunity to support and promote awareness of diabetes. For those interested, the next annual Step Out Walk in Charlotte will be taking place on November 3, 2012.

The goal of the GenerationRx Initiative is to increase awareness in the community about the abuse and misuse of prescription and over-the-counter medications. This new patient care project was launched in fall of 2011 and has been very successful. Two outreach events were held last semester, and the future of the initiative was organized. Awareness bracelets were created in order to generate interest, as well as to promote discussion and further education among our patients. In the upcoming semester, GenerationRx will present a lyceum to the undergraduate students at Wingate University and participate in the spring health fair.

Operation Immunization is an immunization awareness campaign designed to increase the public’s knowledge of immunizations while raising the number of adults receiving immunizations. This past fall we participated in the “Wednesdays at Walgreens” event. We provided patients with CDC Immunization cards for adults and children to ensure that every patient knew the recommended immunizations for his/her specific age and disease state. Operation Immunization also had a booth at our annual Wingate School of Pharmacy Health Fair, which was held at Next Level Church. Since the church has a large Hispanic population, we provided all educational materials in English and Spanish. We were able to provide four immunizations at the health fair with the help of Dr. David Line from Kerr Drug.

APhA-ASP is a wonderful opportunity for students to apply what is learned in the classroom, while making a difference in our community and our field!

2011-2012 Officers:
President Elect: Kristofer Gutierrez
Membership Vice President: Amber Lintz
Treasurer: Beth Campbell
Historian: Sarah Murphy
Secretary: Allison Catoe
2012-2013
President: Kristopher Gutierrez
President Elect: Abby Herndon
Membership Vice President: Caitlin Mullins
Treasurer: Beth Campbell
Historian: Maryann Choy-Ames
Secretary: Stephanie Hazle
WinFit: CPFI is excited to bring back WinFit to Wingate University School of Pharmacy. As healthcare professionals, we should not only be counseling our patients on their medications, but also encouraging them to eat well and exercise to reduce their risk of various health conditions. In order to do this effectively, it is important to practice in our own lives, what we counsel our patients on in the pharmacy. WinFit is designed to do just that through recognizing and promoting healthy living in our daily activities. The event will kick off with an informational meeting followed by a competition between the classes through the month of March.

This competition, called March Madness, will encourage students to exercise throughout the month of March and record it using a point system. The more students exercise, the more points they will receive for their class. At the end of March, the points will be tallied, and the class with the most points will receive a healthy breakfast sponsored by CPFI.

Union Park Assisted Living Center: Union Park Assisted Living Center is located in Monroe, NC. CPFI makes monthly visits to the facility to spend time with the residents doing crafts. This is a great ministry opportunity that both students and Union Park residents enjoy! The residents always express their appreciation for the time we spend together. If you haven’t joined us before, we would love to have you get involved!

Habitat for Humanity: Last semester, CPFI combined efforts with NCAP to host a Habitat for Humanity day in Marshville, NC. These two groups were able to send over 25 people to assist in building a home for a local family. This was a huge success with participants from each class involved. Due to the overwhelming response, CPFI and NCAP will once again be hosting another Habitat for Humanity event on Saturday, March 3. During this time, we will be setting trusses and starting plywood on one of the houses in the area as well as anything else that needs to be done.

Samaritan’s Feet: CPFI is greatly anticipating our next event serving Samaritan’s Feet. Samaritan’s Feet is an organization that collects new shoe donations and then ships the shoes around the world to countries in need. This helps to prevent the spread of diseases that result from a lack of adequate footwear. Volunteers go and spend a day in the warehouse sorting out shoes, lacing them, and packaging them to prepare them for shipment. This event is always a blast, and it is so rewarding to see the number of people that can be served from just one day of volunteering!
As aspiring pharmacists, we are often reminded about the importance of our position as one of the most accessible healthcare providers, especially within the realm of community pharmacy. Our patients are able to walk into the pharmacy on any day for a free consultation. Whether through a quick question or a more involved conversation, we are encouraged to embrace those that may reach out to us for help or assistance. It also important to remember that, at times, we must take a more proactive approach in reaching out to our community. This can be accomplished in a number of different ways, whether it is a public health fair or some sort of educational outreach program. Many opportunities exist for us to go out and educate the community with the knowledge that we obtain through lectures, class projects, or any other type of educational session. However, it is important to remember that actions can speak louder than words — that sometimes getting our hands dirty can make a bigger impact on a person’s life than simply explaining the proper medication to treat their runny nose.

At Wingate University School of Pharmacy, our chapter of North Carolina Association of Pharmacists (NCAP) in collaboration with Christian Pharmacists Fellowship International (CPFI) took on a new initiative in the 2011 fall semester by allowing our student pharmacists the opportunity to work with Habitat for Humanity. Habitat for Humanity is a non-profit, Christian ministry that believes that all men, women, and children deserve decent, safe, and affordable housing regardless of race or religion. This partnership among NCAP, CPFI, and Habitat for Humanity has provided an amazing opportunity for our student pharmacists to make a direct impact on the surrounding community, allowing us to reach out to a different branch of our community that we may not see at our pharmacies. NCAP and CPFI’s partnership with Habitat for Humanity has been a great exercise in utilizing our abilities outside of medicine to help provide to those who need them most some of the basic amenities that many of us may take for granted. We have been able to help construct homes, provide clean-up crews post-construction, and break ground for landscaping and yard work. Through this partnership, Wingate University School of Pharmacy has provided 60 volunteers, collectively totaling over 300 hours, to help Habitat for Humanity provide 12 homes in Marshville, NC. We hope to maintain the success of this program by continuing to provide volunteer opportunities to our students and assistance to our surrounding community in any way that we can. While we do take great pride in the amount of service that we have been able to provide as healthcare professionals, we must always keep in mind that what matters most are those people that we have the privilege to serve — our patients and our community.

2011-2012 NCAP Officers at your Service:
President: Ashley Gulyas
Vice-President: Morgan Miller
Treasurer: Heather Lokken
Secretary: Rachel Lee
Co-Advisors: Dr. Kira Harris and Dr. Kimberly Nealy

Class of 2012 P-4 WU School of Pharmacy student Nora Holmes has been selected as a 2011 RxPortfolio National Achievement Award winner. Just 15 students from across the U.S. received this distinction.

Authored by Kristofer Gutierrez

Kristofer Gutierrez, a P2, has been an active member of NCAP for two years. He has participated in RxIMPACT, Medication Disposal, the Student Leadership Conference, and Habitat for Humanity to name a few activities. He is also President-Elect for Wingate’s Chapter of APhA-ASP and currently serves as Student Senate Treasurer.

Nora Holmes
Spring is here at last, and Phi Delta Chi has been busy as ever! We are particularly excited about initiating our new brothers into the fraternity. This year’s pledge class was made up of 25 students, and we couldn’t be happier with their progress. Brothers Morgan Miller and Caitlin Mullins have done an incredible job of preparing and educating the Theta class so that they are ready for initiation. It is hard to believe the time has gone so quickly and that initiation is right around the corner.

The pledging process began on January 12, 2012, when the individuals of the Theta class participated in the pinning ceremony. The next six weeks consisted of fraternal education in which the pledges learned about the fraternity and about their brothers. In addition to learning the history and purpose of Phi Delta Chi, the pledges were required to plan professional, social, and fundraising events. The professional event consisted of student lectures on the topic of vitamins and supplements, while the social event was held in the DPC where pledges and brothers could spend time getting to know each other even better. St. Jude Children’s Hospital is the philanthropy for PDC, and all money earned by the fundraising event was donated to them. Finally, the fundraising event consisted of a give back night at the new Moe’s Southwest Grill, and it had a great turnout!

It is always a great feeling to have new brothers join us; however, this time of year always reminds us of the P3 brothers that will be moving away for rotations and the P4 brothers that will be graduating. We are happy for them as they move on to develop and strengthen their skills as pharmacists, but we are also going to miss them back home at WUSOP. We wish them the best of luck, and we will always remember the good times we shared as brothers!

Although the fraternity has been busy with the pledging process, we have been involved with other activities as well. In November we had our annual Founder’s Day event in Charlotte, which was a blast! This is a time when the brothers come together to celebrate the founding of our great fraternity, knowing that other chapters are doing the same all over the country. While we enjoy getting together to have fun, Phi Delta Chi is also extremely dedicated to professionalism. Because of this, PDC has been busy preparing for our professional window display about OTC products in special populations. This event is a chance for us to educate members of the community about a pharmacy related topic and for the brothers to get some professional experience. In addition, this semester we have provided blood pressure screenings at the Ellen Fitzgerald Senior Center and continuously volunteered at Heathquest.

St. Jude Children’s Hospital is very near and dear to the hearts of PDC, and we do all that we can to raise money for them. So this year, we are hosting a 5K in the hopes of raising a significant amount. The 1st annual St. Jude Run for the Pig will take place on April 14, 2012, from 11:00 am-1:30 p.m. on the Wingate University campus. It will be a 5K walk/run followed by a pig pickin’. Registration costs $25 and includes entrance, a t-shirt, and food after the race. Runners can enter as teams of four or as individuals, and awards are to be given out to the 1st place team, the best team uniform, and the team who raises the most money. We are extremely excited about this event, and we hope to see you there! Best wishes to all for the rest of this semester!

AAAE,
Brother Jessica Campisi
Why did you decide to join PDC?
"Because of the brotherhood that I saw, as well as all the opportunities that come with it. I am excited to be a part of such an involved organization where I can help others."

What is your favorite memory thus far?:
"Coming to pledge class two days a week and getting to know the brothers and my fellow pledges better. Through this whole pledging process, I believe our pledge class has really bonded well, and I feel that I could count on any of my fellow pledges for anything."

Describe your brothers in 5 words or less:
“One close and crazy family.”

What advice do you have for anyone that is considering PDC?:
“Have fun and keep a smile throughout the whole pledge process; if you don’t, it will seem like just another class when in reality it is so much more. Also, learn how to manage your time like never before!”
The WUSOP SNPhA chapter has been very busy this semester; we are pleased to inform you of our achievements thus far. One of the recent accomplishments of which we are proud is Bottles and Bottoms Drive, which collected a net of 700 diapers and 100 servings of baby formula. Another event, sponsored by the Power to End Stroke Chair, was a very successful Zumba class with a mix of undergraduate and pharmacy school students participating. For HIV awareness in December, our Remember the Ribbon Chair passed out red ribbons and informational pamphlets to the undergraduates at Wingate. In January, we tutored grade school students in math such as Calculus and Geometry at UNC-Charlotte for the North Carolina Mathematics and Science Education Network. We must admit, at first glance the equations looked foreign, but after brushing off the cobwebs, we were able to successfully tutor all students who sought help from us.

And now, to the highlight of our semester! WUSOP-SNPhA had the privilege of hosting the 2012 Regions 1 and 2 meeting in Charlotte, NC at the Hilton Center City location. Preparation for this meeting started in July of 2011, and the planning committee worked diligently to ensure that the conference would be phenomenal. On the day of the meeting, adrenaline, emotions, and the bar of expectation were at an all time high. WUSOP’s SNPhA chapter came together as one to host one of the most impressive regional conferences that Regions 1 and 2 has ever seen. Day 1 started with the patient counseling clinical skills competition sponsored by Kroger, and two teams represented Wingate. This event was followed by a warm Wingate welcome and a panel discussion about the benefits of joining our parent organization. Friday night ended with a fun filled room of activities that included corn hole, a photo booth, Giant Jenga, newspaper dance, a light meal, trivia, etc. Not only did participants enjoy the activities, but they also walked away with really nice prizes, such as dinners to Outback and Applebee’s. The second day of the conference started bright and early at 7 a.m. with a continental breakfast to jump start a day of continuing education sessions for pharmacists and workshops for the students. After the workshops, the students also had a chance to meet with our corporate sponsors in an exhibit hall to network and find possible jobs or internships. Meetings ended early in the evening to give the attendees adequate time to prepare for the much awaited formal banquet. We had full support from our Dean and Faculty at this banquet along with some of the movers and shakers in the field of pharmacy. For us, the night got better by the minute as we graciously received compliments about our hospitality and great programming from the national executive board and corporate sponsors, along with attendees and faculty. After the close of our banquet, everyone had the opportunity to take a night out on the town in downtown Charlotte. We hope that our hard work showed Wingate’s mission and our pledge to professionalism.

Even though we’ve accomplished so much thus far, we have much more to accomplish this semester. With the guidance of our superb advisors, we plan to have a brown bag event and a health fair to the underserved Latino community in March. Then, in April, we plan to offer unique programs to the community every Wednesday at Walgreens in Monroe.
Wingate University School of Pharmacy’s Student Society of Health-System Pharmacists (SSHP) has continued to grow and play an active role on campus. Around 50 members have joined for the 2011-2012 school year. In addition to the growing membership, SSHP has been extremely active this year. As usual, SSHP kicked off the school year with the Clinical Skills Competition. This is a national competition that allows students from many pharmacy schools across the country to be able to show what they’ve learned by applying their knowledge to a patient case. We had a record-breaking number of participants this year, and our winners were P4s Michael Parker and Adam Brancaccio. They represented WUSOP at ASHP’s Mid-Year meeting in New Orleans, LA and placed in the top 10. This was an amazing accomplishment for our organization and school.

In addition to the Clinical Skills Competition, SSHP has continued to provide service to the local area. We were able to provide Vials of Life information to customers of Walgreens for the month of January. We also provided Vials of Life information to participants of the Healthy Hearts Fair at Carolinas Medical Center Union. This fair provides information to help attendees learn to be heart healthy. At this event, we were able to reach and educate around 50 attendees.

Another community service event that was completed this school year was cooking meals for the Ronald McDonald House of Charlotte. This organization provides shelter for those that have children in the local hospitals. SSHP has worked with the Ronald McDonald House in the past by donating money to the organization. This year, we were able to give time and prepare a home cooked meal for the guests. Cooking a meal for the families allows our organization to provide a nutritious meal and talk with the guests of the house. This activity was enjoyed by all those that volunteered, and we plan to continue cooking for the Ronald McDonald House in the future.

Last, but not least, WUSOP’s SSHP is known for two major events. This year will be the third time SSHP has sponsored the Sweet and Savory Cook Off. This event allows all pharmacy school students and faculty to show off their culinary skills by entering either a sweet or savory dish. All proceeds go to the Ronald McDonald House, and winners of the competition get to have their names engraved on our plaque. In addition to the Sweet and Savory Cook Off, this will be our third Professors versus Students Basketball Game. This event is held in the afternoon following the annual assessment. This event provides a fun way for students and faculty to mingle and relax with friendly competition.

We are all very proud of the activities and accomplishments of our organization. However, we know that we must continue to grow and give back to our community. We look forward to the years to come, and we thank all those that continue to support us!

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Laura MacCall
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Ngan Tran

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